Routledge Research in Sport, Culture and Society

COMMUNITY SPORT AND SOCIAL INCLUSION

**ENHANCING STRATEGIES FOR PROMOTING
PERSONAL DEVELOPMENT, HEALTH AND
SOCIAL COHESION**

Edited by

Marc Theeboom, Hebe Schaillée, Rudi Roose,
Sara Willems, Emelien Lauwerier and Lieve Bradt

Routledge Research in Sport, Culture and Society

Social Activism in Women's Tennis

Generations of Politics and Cultural Change

Kristi Tredway

Sport, Welfare and Social Policy in the European Union

Nicola R. Porro, Stefano Martelli and Alberto Testa

Disability, the Media and the Paralympic Games

Carolyn Jackson-Brown

Sport, Film and National Culture

Edited by Seán Crosson

Female Fans, Gender Relations and Football Fandom

Challenging the Brotherhood Culture

Honorata Jakubowska, Dominik Antonowicz and Radosław Kossakowski

Gym Bodies

Exploring Fitness Cultures

James Brighton, Ian Wellard and Amy Clark

Sport and Secessionism

Edited by Mariann Vaczi and Alan Bairner

Discrimination in Football

Christos Kassimeris

Doping in Non-Olympic Sports

Challenging the Legitimacy of WADA?

Lovely Dasgupta

Social Capital and Sport Organisations

Richard Tacon

Community Sport and Social Inclusion

Enhancing Strategies for Promoting Personal Development, Health and Social Cohesion

Edited by Marc Theeboom, Hebe Schaillée, Rudi Roose, Sara Willems, Lieve Bradt and Emelien Lauwerier

Cricket and Contemporary Society in Britain

Crisis and Continuity

Russell Holden

For more information about this series, please visit: www.routledge.com/sport/series/RRSCS

Community Sport and Social Inclusion

Enhancing Strategies for Promoting Personal Development, Health and Social Cohesion

Edited by Marc Theeboom, Hebe Schaillée, Rudi Roose, Sara Willems, Emelien Lauwerier and Lieve Bradt

Routledge
Taylor & Francis Group
LONDON AND NEW YORK

First published 2022
by Routledge
2 Park Square, Milton Park, Abingdon, Oxon OX14 4RN

and by Routledge
605 Third Avenue, New York, NY 10158

Routledge is an imprint of the Taylor & Francis Group, an informa business

© 2022 selection and editorial matter, Vrije Universiteit Brussel and Universiteit Gent; individual chapters, the contributors

The right of Vrije Universiteit Brussel and Universiteit Gent to be identified as the author of the editorial material, and of the authors for their individual chapters, has been asserted in accordance with sections 77 and 78 of the Copyright, Designs and Patents Act 1988.

All rights reserved. No part of this book may be reprinted or reproduced or utilised in any form or by any electronic, mechanical, or other means, now known or hereafter invented, including photocopying and recording, or in any information storage or retrieval system, without permission in writing from the publishers.

Trademark notice: Product or corporate names may be trademarks or registered trademarks, and are used only for identification and explanation without intent to infringe.

British Library Cataloguing-in-Publication Data
A catalogue record for this book is available from the British Library

Library of Congress Cataloging-in-Publication Data
A catalog record for this book has been requested

ISBN: 978-0-367-35614-9 (hbk)
ISBN: 978-1-032-12528-2 (pbk)
ISBN: 978-0-429-34063-5 (ebk)

DOI: 10.4324/9780429340635

Typeset in Times New Roman
by Apex CoVantage, LLC

Contents

<i>Contributors</i>	vii
PART 1	
Introduction and general findings	1
1 Introduction	3
MARC THEEBOOM, HEBE SCHAILLÉE, DORIEN BROSENS, SARA WILLEMS, EMELIEN LAUWERIER, RUDI ROOSE AND LIEVE BRADT	
2 Community sport and social inclusion: necessary and sufficient conditions	23
HEBE SCHAILLÉE, MARC THEEBOOM, SHANA SABBE, KAREN VAN DER VEKEN, PIETER DEBOGNIES AND DORIEN BROSENS	
PART 2	
Thematic insights into community sport and social inclusion	43
3 Reflective practices in a volunteer community sport coach training programme	45
DORIEN BROSENS, HEBE SCHAILLÉE, MARC THEEBOOM AND PIETER DEBOGNIES	
4 Health promotion in the context of community sport: illustration of a theory-informed approach to programme development and evaluation	64
EMELIEN LAUWERIER, KAREN VAN DER VEKEN, KAATJE VAN ROY AND SARA WILLEMS	

- 5 **Facilitating conditions for establishing social cohesion through structural approaches in community sport** 83
SHANA SABBE, LIEVE BRADT AND RUDI ROOSE

PART 3

Broader perspectives on community sport and social inclusion 101

- 6 **The evolution of evaluation: from the black box to programme theory** 103
FRED COALTER

- 7 **Realist inquiry and action research** 127
GUY KEGELS AND BRUNO MARCHAL

- 8 **Problematising the concept of social inclusion through sport: opportunities and challenges through the lens of aspirations and capabilities** 145
EMRAN RIFFI ACHARKI AND RAMÓN SPAAIJ

PART 4

General reflections 157

- 9 **General reflections** 159
MARC THEEBOOM, HEBE SCHAILLÉE, SARA WILLEMS, EMELIEN LAUWERIER, RUDI ROOSE AND LIEVE BRADT

- Index* 180

Contributors

Emran Riffi Acharki, Amsterdam University of Applied Sciences and University of Amsterdam, the Netherlands

Lieve Bradt, Ghent University, Belgium

Dorien Brosens, Vrije Universiteit Brussel, Belgium

Fred Coalter, Vrije Universiteit Brussel, Belgium, and Leeds Beckett University, UK

Pieter Debognies, Vlaams Instituut Gezond Leven, Belgium

Guy Kegels, Institute of Tropical Medicine, Belgium

Emelien Lauwerier, Ghent University, Belgium

Bruno Marchal, Institute of Tropical Medicine, Belgium

Rudi Roose, Ghent University, Belgium

Kaatje Van Roy, Ghent University, Belgium

Shana Sabbe, Ghent University, Belgium

Hebe Schailleé, Vrije Universiteit Brussel, Belgium

Ramón Spaaij, Victoria University and University of Amsterdam, the Netherlands

Marc Theeboom, Vrije Universiteit Brussel, Belgium

Karen Van der Veken, Ghent University, Belgium

Sara Willems, Ghent University, Belgium