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#### "Enhancing loco-regional adaptive governance for integrated chronic care through agent based modelling (ABM) "

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#### **ABSTRACT**

1) Introduction Moving from existing segmented care to integrated care is complex and disruptive. It is complex in the sense that the type of changes and the timeframe of these changes are not completely predictable. It is disruptive in the sense that the process of change modifies but also is influenced by the nature of interactions at the individual and organisational level. As a consequence, building competences to govern the necessary changes towards integrated care should include capacity to adapt to unexpected situations. Therefore, the tacit knowledge of the stakeholders ("knowledge-in-practice developed from direct experience; subconsciously understood and applied"1) should be at the centre. However, the usual research and training practices using such a knowledge (i.e. action research or case studies), are highly time-consuming. New approaches are therefore needed to elicit tacit knowledge. One of them is agent based modelling (ABM)2 through computer simulation. The aim of this paper is to make a "showcase" of an agent-based model that uses the emergence of tacit knowledge and enhances loco-regional adaptive governance for improving integrated chronic care. 2) Theory/Methods We used a complex adaptive system's lens to study the health systems integration process. We applied key components of ABM to assess how health systems adapts through the dynamics of heterogeneous and interconnected agents (agents are characterised by their level of autonomy, heterogeneity, and interactions with other agents). The agent-based model was developed through a process wh...

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# Enhancing loco-regional adaptive governance for integrated chronic care through agent based modelling (ABM)

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knowledge and cognitive heuristics

justification Building competencies to govern health and social care at loco-regional level by taking into account tacit

> Many countries (including Belgium) are attempting to Move from existing segmented care to integrated care. It is complex in the sense that the type and timeframe of changes are not always predictable. It is disruptive in the sense that the process of change modifies but also is influenced by the nature of interactions between agents.

> Building competences to govern the necessary changes towards integrated care should consider this, particularly at loco-regional level (for networks covering between 100 000 and 500 000 people). Acknowledging the tacit knowledge and cognitive heuristic of the stakeholders is key for that learning process.

Making a « showcase » of ABM that foster sharing of tacit knowledge between stakeholders

The aim of this paper is to make a "showcase" of an agent-based model (ABM) that build on and make explicit tacit knowledge and cognitive heuristics between stakeholder to enhance loco-regional adaptive governance for improving integrated chronic care.

Using the lenses of complex adaptive system to study the health systems integration process

Theoretical

We used a complex adaptive system's lens to study the health systems integration process.

Complex adaptive systems (CAS) are made of "agents" that interact, adapt, learn from experience, self-organise, and behave unpredictably. CAS are open systems. As a consequence, they are influenced by the environment and influence it.

Complex adaptive systems features amongst other the following behavior: path dependency; emergent "order", ttransition phases, causal loops, scale-free networks

Generally, CAS seek equilibrium.

Simulating the behavior of a loco-regional system with Netlogo© and sharing it with MPH students to progressivelly improve it

Methods

volution

We applied components of ABM to assess how health systems adapts and move towards integrated care. ABM allows simulating the different behaviors of CAS.

The agent-based model was developed through a process where storytelling, concept maps, group voting process (with Wooclap ©), object-oriented unified modelling language (UML) diagrams and computer simulation (using Netlogo ©) were iteratively used. With different groups of MPH d-students.

Story telling and UML was initially done with students following a course on "systemic approach in public health". Based on that and on exchanges with the other authors, the main author developed progressively an ABM in Netlogo.

This was shown to student following an optional module on coordination and networks organization to improve its calibration

It was finally exchanged with 1st year MPH students to identify likely scenarios of changes and discuss it.

#### Results

#### **People - population**

□ Color → health status (4 strata from healthier to

Autonomy

Health and autonomy evolve over time spontaneously (with some acute events)

Behavior: ☐ The use health services

→ Depend from → Their health (too high, no need)

→ The geographical accessibiliy → Autonomy (if too low, do not use

spontaneously services)

→ improve their health status → Change their color

→ Lead to ties with specific providers If health status to low

→ die and then new birth of person

## **Health care providers**

Attributes:

☐ Hospitals (yellow house) or primary care providers (PCPs) (white person)

Capacities to care (motivation and competencies) not known (random value)

Behavior: Providing care

→ Depend from their motivation, which depend from: → their workload → competition or collaborations

→ imposed changes

→ If motivation too low

→ Increases cost Get « bankrupted » (stop working)

Initial status esistance PCPs Off pop-active? Top hospital-active? popCM-active?

Output: behavior over time graphs

### **Organisational features**

Market: All PCPs and hospitals can settle where they

□ Number of PCP need to decided (simulated for 100

■ Number of hospitals : 9

People are free to choose their provider if it is close

enough to them Territorial organization:

> 4 territories 1 hospital per territory

☐ Equal repartition of PCP between the 4 PCP (can install where they wand within a territory)

☐ People are free to choose their provider if it is close enough to them

"system with a gatekeeper role":

☐ Patient must enter in the system through a PCP, except there is no access to it

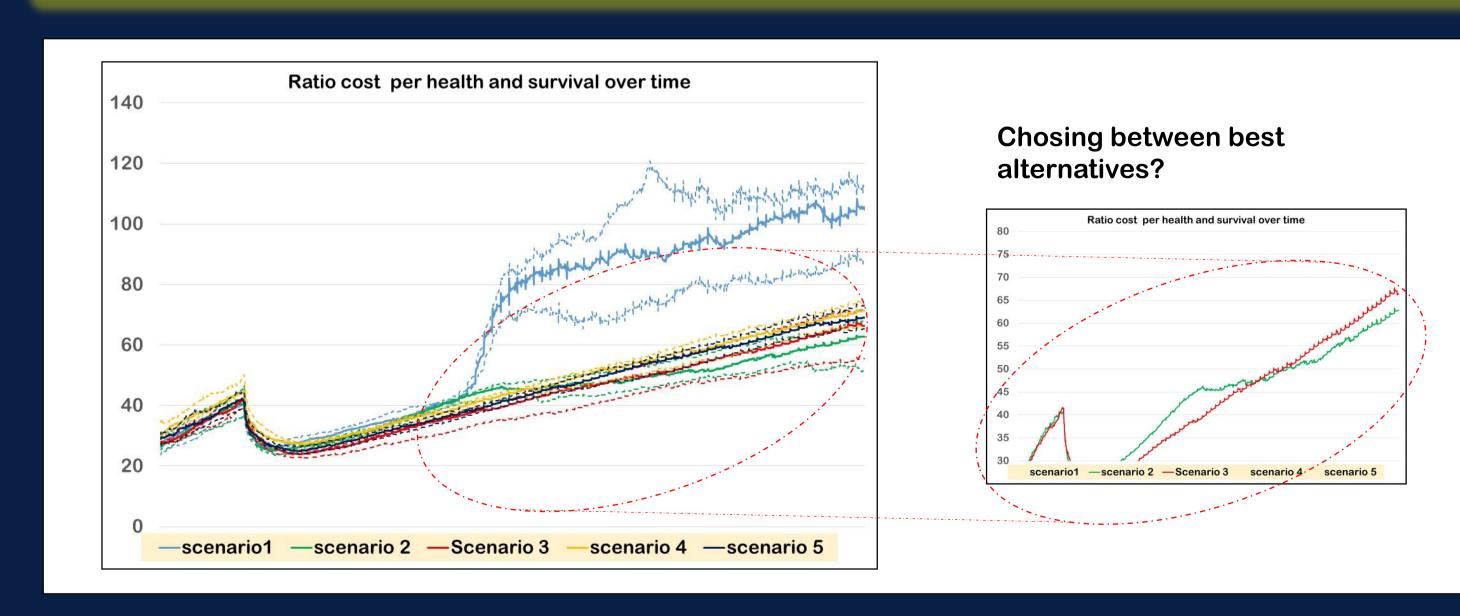
Case Management:

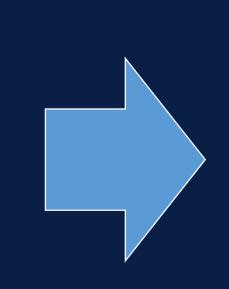
☐ The CM ensure that people with low autonomy have better access to healthcare services (PCPs and hospitals)

## Scenarios chosen by students

	Initial setup	After 500	After 1000
		steps	steps
Scenario 1	market	Gatekeeper +	Market + CM
		CM hospit	PCP
Scenario 2	market	Gatekeeper +	Gatekeeper +
		CM hospit	CM hospit
Scenario 3	Territorialisation	Gatekeeper	Gatekeeper
Scenario 4	territorialisation	Gatekeeper	Getakeeper +
			CM hospit
Scenario 5	Territorialisation	Getakeeper +	Getakeeper +
		CM hospit	CM hospit

#### Behavior of the system over time (centered on ratio « cost » over « health » simulated)





Sharing tacit knowledge and elicit cognitive heuristics

Moving away from intervention evaluation towards system monitoring: promoting the development of methodology combining ABM with participative approaches to make better use of tacit knowledge

This is the initial step of an exercise to use ABM as a mean to take advantage and enhance tacit knowledge to strengthen governance for integrated care. It is expected that it will be used to foster dialogue between loco-regional projects to integrate health and social care for chronic diseases in Belgium (a new program initiated by federal authorities).