Wearable Flexible Lightweight Modular RFID Tag With Integrated Energy Harvester

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Abstract—A novel wearable radio frequency identification (RFID) tag with sensing, processing, and decision-taking capability is presented for operation in the 2.45-GHz RFID super-high frequency (SHF) band. The tag is powered by an integrated light harvester, with a flexible battery serving as an energy buffer. The proposed active tag features excellent wearability, very high read range, enhanced functionality, flexible interfacing with diverse low-power sensors, and extended system autonomy through an innovative holistic microwave system design paradigm that takes antenna design into consideration from the very early stages. Specifically, a dedicated textile shorted circular patch antenna with monopolar radiation pattern is designed and optimized for highly efficient and stable operation within the frequency band of operation. In this process, the textile antenna’s functionality is augmented by reusing its surface as an integration platform for light-energy-harvesting, sensing, processing, and transceiver hardware, without sacrificing antenna performance or the wearer’s comfort. The RFID tag is validated by measuring its stand-alone and on-body characteristics in free-space conditions. Moreover, measurements in a real-world scenario demonstrate an indoor read range up to 23 m in nonline-of-sight indoor propagation conditions, enabling interrogation by a reader situated in another room. In addition, the RFID platform only consumes 168.3 μW, when sensing and processing are performed every 60 s.

Index Terms—Battery-assisted, energy harvesting, Internet of Things (IoT), radio frequency identification (RFID), textile antenna, wearable.

I. INTRODUCTION

In the near future, it is expected that the Internet-of-Things (IoT) paradigm will step out of its infancy [1], [2], fueled by the adaptation of a variety of key-enabling technologies, such as radio frequency identification (RFID) [3], wireless sensor networks (WSNs) [4], [5], and wireless power transfer [6], [7]. The integration into the Internet of everyday objects, devices, and garments equipped with sensing, processing, and wireless communication capabilities will revolutionize many aspects of everyone’s daily life [8]. Smart fabric interactive textile systems, in which unobtrusive integration of electronic components increases functionality of the garment [9], [10], play an important role within the vision of the IoT [8]. They will experience a significant growth in diverse application areas in the coming years [11], such as critical professional applications [12]–[14], health care [2], [15], [16], and sports [17]. Yet, to accelerate the pervasive deployment of the IoT, it is necessary to combine the potential of diverse, complementary, key-enabling technologies [18]–[22].

Several research efforts in the past few years have pushed passive RFID beyond simple barcode replacement to enhanced RFID tags. These combine the potential of WSN and RFID technologies to implement identification, sensing, arbitrary processing, data logging, and actuation functionality [22]–[26]. Integrating such an enhanced RFID/WSN tag within a garment will leverage pervasive quantification of the wearer’s interaction with its environment by wirelessly communicating physical information about the wearer and his/her environment to the Internet via a question-and-reply protocol. This, however, introduces novel, stringent design requirements. First, the enhanced RFID tag functionality and larger operating range make system autonomy one of the major critical design constraints [21], [23]. Powering enhanced RFID tags exclusively by RF energy transmitted by RFID readers restricts data logging, sensing, and computational operations to the coverage range of the RFID reader [23], [27]. Reliability, functionality, and operation range may be increased [9], [23] by combining an antenna with high radiation efficiency and tailored radiation pattern [9], [28] with energy harvesters relying on ambient sources, such as vibration [29], kinetic [17], solar [23], [30], or RF energy [26]. Second, enhanced RFID tags for body-worn applications must be low-profile, lightweight, and mechanically flexible, allowing unobtrusive integration [28]. Moreover, the tag should maintain its performance in the proximity of the human body and under harsh operating conditions [31]. Finally, unwanted absorption of radiation by the human body should be minimized to prevent potential health threats [32].

In this paper, we introduce an innovative holistic RFID tag design paradigm for body-worn applications that takes antenna design into consideration from the very early stages. Adopting this paradigm leverages a new highly integrated, compact,
Section II describes the design and fabrication of our wearable, light-energy-harvesting RFID-based sensing platform. First, the design approach and system architecture are outlined. Next, we elaborate on the implementation of each subsystem (including the novel and system architecture are outlined. Next, we elaborate on

- Flexible photovoltaic (PV) module (Powerfilm SP3-37)
- Integrated on the antenna’s patch
- Textile circular patch antenna, serving as an integration platform
- Integrated on the antenna’s ground plane
- Power management (BQ25570)
- Energy storage (Prologium 066113)
- Power management hardware
- 4 MB Memory
- MCU (C8051F921)
- Transceiver ADF7242
- Sensing, computational and transceiver hardware

Fig. 1. Block diagram of the wearable, light-energy-harvesting RFID-based sensing platform.

The current literature features a plethora of passive (battery-less) wearable, flexible RFID tags, based on novel implementation/manufacturing technologies, such as conductive thread embroidery on textile substrates [34, 35], substrate-integrated-waveguide (SIW) technology on textile [31], and inkjet-printing with conductive ink [17]. In contrast, the tag described here possesses more functionality and a much larger communication range compared with these passive RFIDs. The wearable RFID tag that is the most closely related to our proposed RFID platform in terms of functionality is the one proposed in [28]. However, as the tag in [28] is exclusively powered by the RFID reader, a read range of only 4 m is achieved, provided that the RFID reader transmits at a 30 dBm power level. In contrast, our tag features an indoor read range up to 23 m when three brick walls are in between both the link ends and enables communication with a reader at an overhead floor, through a reinforced concrete floor. Therefore, our tag only consumes 168.3 μW of power, when sensing and processing are performed every 60 s, yielding a system autonomy of 138 days in the complete absence of light, provided that the battery was fully charged. Hence, our design significantly reduces the required amount of RFID readers to cover an entire building. Moreover, compared with the ad hoc antenna/harvester codesign strategy in [9], [36], and [37], our novel microwave system design paradigm also includes the integration of the transceiver, microcontroller, memory, and sensor hardware. This holistic approach leads to enhanced system autonomy, as the power consumption profile is now tailored to the power generation profile of the solar harvester by means of a dedicated algorithm. In addition, the tag now relies on a circular patch antenna that exploits shorted posts to tailor its radiation pattern for application in the smart floor/ceiling concept, instead of an SIW cavity-backed slot textile antenna that envisions body-to-body communication as in [9], [36], and [37].

The remainder of this paper is organized as follows. Section II describes the design and fabrication of our wearable, light-energy-harvesting-assisted RFID-based sensing, processing, and decision-taking platform. First, the design approach and system architecture are outlined. Next, we elaborate on the implementation of each subsystem (including the novel textile antenna). Finally, the fabrication of the RFID tag is discussed. In Section III, experimental results as well as practical measurements are presented to validate simulation results and to demonstrate our platform’s performance in terms of energy-harvesting potential, power consumption, communication distance, and antenna performance. The conclusion is drawn in Section IV.

II. WEARABLE, LIGHT-ENERGY-HARVESTING RFID-BASED SENSING PLATFORM DESIGN

A. Design Considerations and Requirements

The wearable RFID tag must not affect the comfort of the wearer under any circumstance. This does not only require a low-profile, flexible, and lightweight design, enabling unobtrusive integration, but also demands energy-efficient operation to avoid the discomfort of (frequent) battery recharging. Furthermore, a robust, stable, and long-range wireless communication link is desired to provide the wearer with the highest possible freedom of movement, without being out of read range. To meet these stringent requirements, a holistic microwave system design paradigm is adopted, in which antenna design is taken into consideration from the very early stages. Indeed, as the antenna performs a vital task within the wireless tag, an inappropriate design of this component will inadvertently lead to short communication range, poor energy efficiency (quickly draining batteries), and discomfort to the user [28].

B. System Architecture

Fig. 1 shows a block diagram of the light-energy-harvesting RFID-based sensing platform that fulfills the requirements stated in Section II-A. Fig. 1 also shows our design approach. A circular patch antenna, designed to operate with maximum total efficiency in the 2.45-GHz RFID SHF band, serves as an integration platform for a flexible photovoltaic (PV) module, with the power management system (including energy storage) and sensing, processing, and transceiver hardware integrated on its feed plane. This topology, implemented in appropriate materials, yields a wearable, highly integrated, and
low-profile antenna, realizing a robust, efficient, and long-range wireless communication link. The implementation of each block, as well as the component selection, is discussed into more detail in Sections II-C–II-E. The fabrication of the entire system is described in Section II-F.

C. Textile Antenna Design and Fabrication

A mobile user prefers a compact antenna for inconspicuous integration, whereas an antenna engineer will opt for larger dimensions (in the order of half a wavelength) to obtain better overall performance. A good design must reconcile these two conflicting demands to achieve optimal system performance with manageable dimensions. In addition, as our design is envisioned for communication with a smart floor/ceiling, in which an interrogator is located at either low or high elevation angles, an antenna with a radiation pattern where these angles of arrival are well received is required. This rules out conventional patch antennas, a popular choice for body-worn applications as their main direction of radiation is orthogonal to the user and not directed toward the floor or ceiling. Yet, high body-antenna isolation should be pursued to prevent antenna detuning caused by the presence of the human body. Finally, the adopted antenna topology and implementation technology must enable straightforward integration of carefully selected active low-power electronics (transceiver, microcontroller, and so on) that implement the desired functionality (such as logging sensor data, processing, and decision-taking), and appropriate energy harvesters, which further increase system autonomy, without performance degradation or discomfort for the wearer. From the RFID designer’s point of view, a large antenna can provide interesting possibilities, as its area may be reused to integrate the complete system [38], [39].

To this end, a low-profile topology implemented in low-cost, lightweight, and flexible textile materials is selected, based on [40]. The topology consists of a circular patch with four shorting vias, connecting the patch to the ground plane. The antenna is fed by a probe in the center. Fig. 2 shows the tag’s geometry. The shorting posts enable the excitation of the TM$_{22}$ mode, which gives the antenna a monopole-like radiation pattern, allowing reliable communication between a body-worn node and an interrogator located in a smart floor/ceiling.

The most important parameters for antenna optimization are the position of the shorting posts ($R_s$) and the radius of the patch ($R_p$). The size of the patch has a significant influence on the resonance frequency, while the position of the shorting posts can be adjusted to improve the matching to 50 $\Omega$ (Fig. 3). Furthermore, Fig. 4 shows the simulated radiation pattern at 2.45 GHz, when the patch is deployed in the center of a ground plane of size $W_{\text{GND}} = L_{\text{GND}} = 113$ mm, and for the ground plane dimensions shown in Fig. 2. Observe that by shrinking the width of the ground plane, while keeping the length sufficiently large, the antenna can be made more compact, without reducing sensitivity in the direction of the floor and ceiling [i.e., in the $yz$ plane ($\phi = 90^\circ$)].

System integration can be improved by carefully selecting the fabrication materials. A low-cost protective textile foam ($\epsilon_r = 1.42$ and $\tan\delta = 0.016$ at 2.45 GHz, $H_{\text{SUB}} = 3.94$ mm [41]) is used as an antenna substrate to achieve sufficient bandwidth, while guaranteeing a low-profile, flexible, and lightweight antenna design. The conductive patch and ground plane are fabricated from conductive textile materials (surface resistivity $R_s = 0.18$ $\Omega$/sq [41]), which are laminated to the dielectric antenna substrate by means of a thermally activated glue. Hollow, brass eyelets realize the shorting

![Fig. 2. Wearable, light-energy-harvesting RFID-based sensing platform, consisting of a circular patch antenna with four shorting tubelet posts, on which a flexible a-Si:H PV module is integrated onto its antenna patch and power management, sensing, processing, and transceiver hardware are integrated onto its ground plane ($R_s = 19.75$ mm, $d_s = 2$ mm, $R_p = 27.5$ mm, $d_1$ _feed = 1.3 mm, $d_2$ _feed = 4.6 mm, $H_{\text{SUB}} = 3.94$ mm, $W_{\text{GND}} = W_{\text{SUB}} = 66$ mm, $L_{\text{GND}} = L_{\text{SUB}} = 113$ mm, and $H_{\text{tot,max}} = 6.6$ mm). (a) Top 3-D view. (b) Cross-sectional view of the enlarged inset.](image)

![Fig. 3. Effect of the position of the shorting posts ($R_s$) on the antenna’s reflection coefficient.](image)
The device is programmed in the C language and contains all the microcontroller through analog as well as digital inputs. Sensors may be connected to make the shorting connection between the patch and out altering the antenna's operation. Furthermore, the eyelets patch, a low profile object can be placed on the patch with- of impedance matching and radiation pattern, is shown in Fig. 2. The simulated performance of the antenna, in terms of the software to control the wireless transceiver together with the sensors. Moreover, it implements the node’s low-power algorithm.

An Analog Devices ADF7242 transceiver is applied for communication in IEEE802.15.4 mode [42]. The wireless transceiver exchanges data with the microcontroller over a serial peripheral interface (SPI). Also the ADF7242 can be configured in a low-power sleep mode, reducing its supply current to <1 μA, provided that all oscillators are shut down. The ADF7242 transceiver’s RF output port, characterized by a complex chip impedance $Z_{chip} = (74.3 - 10.7j) \Omega$ at 2.45 GHz, is conjugate matched to the 50-Ω antenna feed via a Johansson Technology 2450BM14E0007 balun.

A 1-MB Microchip 25AA1024 serial EEPROM memory is also included for nonvolatile data storage. Sensor measurements can be logged here and a history of measurements can be requested at the time of interrogation. The EEPROM memory can also be put in a deep power-down mode, such that it consumes a little over 1 μA of supply current when it is not operational.

Employing a state-of-the-art transceiver component allows reliable communication over a long range [43]. The microcontroller provides plenty of sensor connectivity and can be conveniently configured to process sensor data in real time. Digital sensors can be connected via an SPI or I²C bus. Analog sensors can also be directly connected, as the microcontroller contains a 10-bit analog to digital converter. Local processing of the sensor data for unit conversions, filtering, or statistical processing is possible, providing a reduction in the amount of data to be transmitted. A large nonvolatile storage capacity is available for measurement data.

Since all selected components provide a low-power mode, a very low average supply current is achieved, enabling extended battery-supported operation.

### E. Energy Harvesting and Power Management Hardware

Powerfilm’s ultrathin (200 μm) and ultraflexible SP3-37 hydrogenated amorphous silicon (a-Si:H) PV ambient light-energy-harvesting transducer [23], positioned on top of the antenna, is connected to the power management subsystem, located on the node’s feed plane. This particular PV module is selected because of four multidisciplinary reasons. First, the SP3-37 harvester exhibits a broad spectral response, not only enabling energy harvesting from solar light but also from the most frequently available light sources in an indoor environment [9], [23]. More specifically, the SP3-37 PV module is characterized by a maximum output voltage of 3 V at 22 mA under full sunlight (107 527 lx) and a maximum output voltage of 2.5 V at 100 μA under typical office lighting (330 lx) [23]. Second, its flexible and ultrathin structure permits a conformal and low-profile integration [44]. Third, the SP3-37 is manufactured through a low-cost roll-to-roll printing process, making it compatible with current RFID production processes [23]. Finally, the harvester’s relatively small size, and the ease of patterning the solar cell’s surface to fit the antenna patch contours facilitate the integration procedure.
For a given PV module at a specific temperature, the instantaneous generated power depends on the spectral composition, incident angle, and the intensity of the light impinging on the PV module [9]. This requires a power management system that converts the highly fluctuating, and often small, levels of harvested light energy into a form useful for adequately powering the node. To this end, the Texas Instruments bq25570, an integrated energy-harvesting nanopower management system (Fig. 5), is applied. This integrated circuit (IC) implements two highly efficient conversion stages. The first stage encompasses a pulse-frequency modulated (PFM) boost converter charger, with maximum-power-point-tracking (MPPT) capability, to efficiently store the energy generated by the energy-harvesting transducer in a suitable energy storage device. During the charging process, the energy storage component is protected from overcharging by disabling the boost converter once the voltage at VBAT (Fig. 5) exceeds 4.18 V, set by selecting the proper values for $R_{OV1}$ and $R_{OV2}$. As the PV module’s maximum output power fluctuates in ambient light conditions, the fractional open circuit algorithm is adopted to optimize power transfer from the PV unit to the energy storage device. This means that the bq25570 periodically (every 16 s) samples the open circuit input voltage of the PV module, by disabling the boost converter for 256 ms, and determines the MPP during that particular time interval. In this paper, the boost converter is configured to subsequently load the light-energy-harvesting transducer until its voltage drops to 80% of the sampled open circuit voltage. This periodic update continually maximizes power delivery in real time, based on the harvesting conditions. The second conversion stage consists of a highly efficient, nanopower PFM buck converter, providing a regulated power supply to the sensing, processing, and transceiver hardware. In this paper, the buck converter/output regulator is set by means of $R_{OUT1}$ and $R_{OUT2}$ to provide a regulated output voltage of 3.36 V. Yet, to prevent overdischarging, the output voltage is disabled when VBAT (Fig. 5) drops below 3.60 V. It is only turned back ON after the VBAT voltage exceeds 3.82 V. Both the voltage levels are set by means of the voltage divider formed by $R_{OK1}$, $R_{OK2}$, and $R_{OK3}$. The other passive components are dimensioned to obtain the highest possible efficiency for both the conversion stages of the IC.

The availability of ambient light will often be sporadic or time-varying, thereby necessitating some type of energy storage element. Such a storage element will not only ensure that the required power is available when needed by the node but also will handle peak currents that cannot directly be delivered by the PV module. The single cell version of Prologium’s 066113 Flexible Printed Circuit Lithium Ceramic Battery (FLCB) is selected as the node’s energy storage element. This FLCB cell is only 380 $\mu$m thick and covers an area of 113 mm $\times$ 66 mm. It exhibits a nominal capacity of 170 mAh and allows a maximum discharge current of 120 mA.

The FLCB technology is selected because it exhibits favorable electrical properties, such as high energy density and good pulse discharge. Moreover, it can be manufactured through a roll-to-roll printing production process, reducing manufacturing cost. Furthermore, its ability to dynamically bend and/or twist, without reducing neither cycle life nor electrical performance, in combination with its ultrathin (380 $\mu$m) profile, facilitates integration on the textile antenna without significantly increasing its overall thickness or significantly reducing the overall conformality. In addition, the FLCB technology does not exhibit leakage, catch fire, or explode after physical abuse (nail penetration, excessive vibrations, drop test, and so on), after thermal test conditions up to 250 °C or after electrical abuse (overcharging, reverse charging, and short circuiting), demonstrating its ability to be safely worn on the human body, even in harsh environments.

\begin{figure}[h]
\centering
\includegraphics[width=0.8\textwidth]{fig5.png}
\caption{Circuit schematic of the energy harvesting and power management hardware ($C_{in,byp}=100 \, nF$, $C_{in}=4.7 \, \mu F$, $C_{ref}=10 \, nF$, $C_{STOR}=4.7 \, \mu F$, $C_{BDY}=100 \, nF$, $C_{out}=44 \, \mu F$, $L_{BOOST}=22 \, \mu H$, $L_{BUCK}=10 \, \mu H$, $R_{OV1}=5.62 \, \Omega$, $R_{OV2}=7.32 \, \Omega$, $R_{OK1}=3.83 \, \Omega$, $R_{OK2}=7.5 \, \Omega$, $R_{OK3}=680 \, k\Omega$, $R_{OUT1}=4.64 \, \mu \Omega$, and $R_{OUT2}=8.25 \, \mu \Omega$).}
\end{figure}

### F. Integration Procedure

Once the textile antenna is fabricated according to Section II-C, the flexible PV module is glued on top of the antenna patch by means of stretchable, nonconductive adhesive sheets, as shown in Fig. 2. To maintain the antenna’s excellent performance after solar cell integration, the PV module is patterned to fit the antenna patch contours and placed in such a way that the radiating edge remains uncovered. Furthermore, the PV module is modified to facilitate the connection of its dc-terminals from its bottom side. The negative dc terminal of the PV module is directly connected to the antenna patch, acting as a dc ground. The positive dc terminal is connected to a dc connection island, fabricated out of pure copper-coated e-textile and isolated from the antenna patch by means of a nonconductive adhesive sheet, as shown in the enlarged inset shown in Fig. 2(b). The dc connection island is connected to the power management system via a wire routed through one of the hollow tubelike.

These measures not only reduce the number and length of interconnecting wires but also prevent that interconnections influence the radiation characteristics of the antenna, resulting in a more robust design and improved comfort for the user.

Next, we integrate the processing, power management and transceiver hardware. These components are implemented on
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Fig. 6. Prototype of the wearable, RFID tag with integrated light harvester (top) and flexible battery (bottom). (a) Top view; bending diameter = 15 cm. (b) Bottom view; bending diameter = 15 cm. (c) On-body deployment.

As the antenna’s ground plane is slightly larger than Prologium’s 066113 FLCB, integration of the FLCB at the antenna’s backside, as shown in Fig. 2(b), will not affect the antenna’s radiation performance. Moreover, its ultrathin profile only adds 380 μm to the total thickness of the entire stack. The FLCB’s cathode is directly connected to the antenna’s ground plane, acting as a common dc ground, whereas its anode is connected to the power management subcircuit. A prototype of our wearable, light-energy-harvesting-assisted RFID-based sensing platform is shown in Fig. 6. The figure shows that we have connected an HDC1000 low power humidity and temperature sensor by Texas Instruments, implemented on an FR4 printed circuit board, via the I2C bus, as a proof of principle. In a future design, this sensor may be directly implemented on the FCB as well. The sensor was selected as temperature and humidity are key parameters in diverse medical environments, for instance to assess the integrity of drugs or to detect the arise of an epidemic source producing fever rush [2].

III. MEASUREMENT RESULTS

A. Textile Antenna Performance

To validate the antenna performance and the integration procedure, the antenna’s figures of merit are measured under different operating conditions. First, the antenna performance is analyzed before and after the integration of the additional light-energy-harvesting, power management, sensing, processing, and transceiver hardware. Afterward, the antenna performance is measured when deployed on the human body.

All measurements are conducted in an anechoic room, where external interferers are absent.

Impedance matching to a 50-Ω source is validated by means of an Agilent PNA-X vector network analyzer. The antenna should have good impedance matching (|S11| < −10 dB) around the 2.45 GHz center frequency, irrespective of the operating condition. Comparison of the measured reflection coefficients in Fig. 7 demonstrates stable results for all different conditions with an impedance bandwidth of more than 150 MHz or 6.1%. In addition, good agreement with the simulated curve is observed.

The gain pattern and how it is affected by the different operating conditions are also evaluated. Fig. 8 shows the simulated and measured radiation patterns for the φ = 0° and φ = 90° cross-sections. It is seen that the antenna exhibits a monopolar radiation pattern with most of the radiation directed toward the ceiling and the floor (φ = 90°). In contrast, due to the smaller ground plane size, there is less radiation toward the walls (φ = 0°), with a gain difference of ∼4 dB. In the stand-alone scenario, a measured maximum gain of 3.3 dBi at the direction (θ, φ) = (−40°, 90°), a 3-dB beamwidth of more than 50° and a total efficiency of 66% is obtained.
Fig. 9 shows the radiation pattern at 2.45 GHz before and after integration of the light-energy-harvesting, power management, sensing, processing and transceiver hardware. When integrating the solar cell on top and the flexible battery behind the antenna, the radiation pattern remains stable, with a maximal measured gain of 2.7 dBi and an efficiency of 65%. It is noted that the integrated radiation pattern is slightly rotated with respect to the stand-alone and on-body cases, which is caused by a small alignment error during measurement. Despite this, it can clearly be seen that the shape and absolute values of the patterns remain very stable. The design also performs well in the on-body scenario (Fig. 9). The presence of the human body only has a slight influence on the pattern: the direction of maximal gain corresponds to \((\theta, \phi) = (-20^\circ, 90^\circ)\) with a value of 2.5 dBi and more than 50° 3-dB beamwidth.

These measurements validate that the antenna remains very stable under the different operating conditions, both in terms of impedance matching and radiation performance.

B. Light-Energy-Harvesting Potential

A Keithley 236 source meter and a solar simulator, with a standardized illumination level of 100 mW/cm², were used to measure the dc \(P-V\) characteristic of the SP3-37 PV module before and after patterning its surface to fit the antenna patch contour. Fig. 10 shows both curves and shows that the maximum power generated by the PV module reduces from 56.9 down to 50.1 mW by modifying its surface. This decrease can be attributed to a smaller effective light aperture and shunt resistance after modification.

The boost converter/charger stage of the power management hardware is designed to minimize the required input voltage and power. This enables ambient light-energy harvesting in near minimum lighting requirements. For indoor environments, the Occupational Safety and Health Administration specifications these conditions as 150 lx for a warehouse, 330 lx for an office, and 650 lx for a supermarket environment [23]. Measurements have demonstrated that the boost charger allows harvesting ambient light energy as long as the PV module is capable of generating a voltage and power level exceeding 110 mV and 6 \(\mu\)W, respectively. This is the case when the patterned PV harvester is illuminated by white LED light at an illumination level higher than 330 lx, and when illuminated by fluorescent light at an illumination level exceeding 150 lx.

Next, two Keithley 2400 source meters and a Fluke 45 multimeter were applied to accurately characterize the boost charger and buck regulator efficiency. The boost charger efficiency is shown in Fig. 11, as a function of input current \((I_{\text{in}})\), for different input voltage levels \((V_{\text{in}})\) and \(V_{\text{Stor}}\) fixed to 3.9 V (Fig. 5). Fig. 11 demonstrates that the boost charger stage operates more efficiently for larger values of the input voltage. A maximum achievable efficiency of over 90% can be observed in Fig. 11. Yet, even for \(V_{\text{in}} = 0.25\) V, the boost charger efficiency exceeds 70% for input currents larger than 200 \(\mu\)A.

Fig. 12 shows the buck converter/regulator efficiency, as a function of output current \((I_{\text{out}})\), for a regulated output voltage \((V_{\text{out}})\) of 3.36 V and \(V_{\text{Stor}}\) fixed to 3.9 V (Fig. 5). Fig. 12 proves that the buck converter regulator is able to guarantee an efficiency higher than 75% from an output current as low as 3.8 \(\mu\)A to output currents exceeding 100 mA.
**Table I**

<table>
<thead>
<tr>
<th>Transmitter location</th>
<th>Received signal level (dBm)</th>
</tr>
</thead>
<tbody>
<tr>
<td>LoS 1 m</td>
<td>-39.4</td>
</tr>
<tr>
<td>LoS 2 m</td>
<td>-41.2</td>
</tr>
<tr>
<td>NLoS 5 m</td>
<td>-55.5</td>
</tr>
<tr>
<td>NLoS 13 m</td>
<td>-70.4</td>
</tr>
<tr>
<td>NLoS 23 m</td>
<td>-85.8</td>
</tr>
<tr>
<td>NLoS 1 floor up, overhead</td>
<td>-64.2</td>
</tr>
<tr>
<td>NLoS 1 floor up, 10 m off</td>
<td>-75.5</td>
</tr>
</tbody>
</table>

**C. Read Range**

The read range of the RFID sensor system is large enough to enable reading from another room, or another floor in a building. The indoor range has been tested to be up to 23 m in non-line-of-sight (NLoS) indoor propagation conditions. Interrogation of nodes, or garments with integrated nodes, which are stored in a standard metal office closet is also possible. A standard closet does not provide enough attenuation to block the communication between the RFID node and the interrogator.

The measurement of the received signal strength (dBm) is performed for the ADF7242 transceiver chip deployed on the RFID node as well as on the interrogator. According to specifications, the minimum required received signal strength to successfully decode IEEE802.15.4 packets is -95 dBm. Table I lists a number of measured received signal levels in practical conditions. Fig. 13 shows the measurement setup and a floor plan of the real-life environment, with all practical test locations annotated. LoS measurements are performed within the same room, whereas NLoS conditions imply communication between rooms in the same building. The building is composed of a steel structure with reinforced concrete floors and solid brick walls. At 13 and 23 m, two and three brick walls are in between both link ends, respectively. Communication from the overhead floor is also included, through the reinforced concrete floor. Two measurements of this type are included, one with the RFID node directly overhead on the upper floor, and one with the node 10 m further away from this position.

**D. Current Consumption Profile**

The average current consumption of the RFID node is controlled by adjusting the amount of time the system is in sleep mode, as in this state, a current of only 8 μA is consumed. Compared with the leakage current of the battery, which is ~40 μA, this is a very low power consumption. However, when the node switches to its active states, the current consumption increases up to 35 mA, although this maximum current is only drawn during a period of 5 ms each time the node wakes up.

The current for different operation modes was measured by a Tektronix MSO2014B mixed signal oscilloscope, with a 1 Ω resistor in series with the power supply ground. In Fig. 14, the current is displayed during receive (RX) mode. During the power-up event, the microcontroller first awakens from sleep mode, causing a current of 5 mA, then the ADF7242 transceiver chip is also awoken from its sleep mode. Some initialization time is necessary for the transceiver before actual packets can be received. As soon as the transceiver operates in RX mode, a current of 35 mA is consumed. During this mode, the transceiver keeps waiting for a valid packet. However, a time-out is implemented in the software to allow the system to return to sleep mode after a while if no packet is received.

The measured average current consumption during the active period \( I_{\text{Active}} = 8 \) ms is \( I_{\text{Active}} = 22.45 \) mA, yielding for an average current consumption of the system for a wake-up period \( I_{\text{Sleep}} \)

\[
I_{\text{Avg}} = \frac{T_{\text{Active}} \cdot I_{\text{Active}} + T_{\text{Sleep}} \cdot I_{\text{Sleep}}}{T_{\text{Sleep}} + T_{\text{Active}}}
\]

with \( I_{\text{Sleep}} = 8 \) μA.
TABLE II
AVERAGE CURRENT CONSUMPTION AND SYSTEM AUTONOMY FOR DIFFERENT SLEEP PERIODS AND FOR TWO BATTERY TYPES

<table>
<thead>
<tr>
<th>Sleep Time (s)</th>
<th>Average Supply Current (μA)</th>
<th>System autonomy (days)</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>FLCB</td>
<td>Coin cell</td>
</tr>
<tr>
<td>1</td>
<td>186</td>
<td>31</td>
</tr>
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<td>26</td>
<td>107</td>
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<tr>
<td>60</td>
<td>11</td>
<td>138</td>
</tr>
</tbody>
</table>

Fig. 14. Current consumption during RX mode (sleep current was measured by a Fluke 45 multimeter).

A number of practical values are listed in Table II. In addition, Table II depicts the system autonomy when complete absence of light is assumed and for two different battery types, being the integrated 170-mAh FLCB battery and a state-of-the-art 5-mm-thick 120-mAh lithium-ion coin cell battery (MULTICOMP LIR2450). In both the cases, the battery’s leakage current is taken into account, being 40 μA for the FLCB and 11 μA for the coin cell. Note that the coin cell’s smaller leakage current yields a higher system autonomy at higher values for the sleep time. Yet, the FLCB is preferred in our design because of its mechanical flexibility and its thinner profile. A protocol waking up the system every 10 s consumes an average supply current of 26 μA, guaranteeing a high system autonomy. In this mode, the system is standing by for interrogation and will answer within a maximum of 10 s. Of course, the interrogating device should rapidly transmit subsequent packets in order to be sure that the node is able to effectively receive a packet during its active RX state of 5 ms duration. If the received packet contains the node’s serial number, the node will immediately respond by transmitting a reply packet.

We prefer to use a protocol where the sleep period is automatically adjusted when interrogation of other nodes is detected. Receiving a packet intended for interrogation of another node indeed means a higher probability of interrogation in the near future, in which case it is interesting to temporarily reduce the sleep time to 1 s, in order to allow faster subsequent interrogation of multiple nodes.

Fig. 15 shows the current consumption during the interrogation of the node. First, the node wakes up from sleep mode, and switches to RX mode, similar to the event shown in Fig. 14. However, a packet containing the node’s serial number is now received, indicating proper interrogation. After the packet is received, the node returns from RX mode, performing further processing and SPI communication between the processor and the transceiver, requiring 12 mA of current. Finally, the node responds by transmitting a packet containing sensor data, consuming 27 mA.

IV. CONCLUSION

We have discussed the design, realization, and validation of a wearable, light-energy-harvesting-assisted sensing, processing, and decision-taking RFID tag for operation in the 2.45-GHz RFID SHF band. To the best of our knowledge, this is the first tag in the literature that combines excellent wearability with enhanced functionality, very high read range, and extended system autonomy, through a newly introduced holistic microwave system design paradigm, in which antenna design is taken into account from the early beginning. In addition, the tag features flexible interfacing with a wide variety of digital and analog low power sensors, such as accelerometers, light sensors, gas sensors, and temperature sensors. This enables us to adapt our design to a plethora of real-life applications by introducing the appropriate sensor(s). Furthermore, the enhanced RFID node is capable of taking decisions, through the processing of logged or real-time sensor data, even in the absence of an RFID reader. However, the increased functionality and read range come at an increased cost and power consumption of the RFID node compared with passive RFID tags, exclusively powered by an RFID reader. Yet, in our design, dedicated embedded software minimizes energy consumption, while system autonomy is further increased by the integration of a flexible MPPT light-energy harvester. In addition, the higher cost of an individual RFID node does not necessarily lead to a higher cost of the overall system, as the excellent read range of our proposed RFID tag reduces the amount of RFID readers that are needed to cover a specific area. Hence, our design is a step forward in realizing the IoT paradigm. It is particularly suited for unobtrusive integration within a garment, leveraging pervasive quantification of the wearer’s interaction with its environment, by wirelessly communicating physical information about the wearer and his/her nearby environment to the Internet via a question-and-reply protocol.
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REFERENCES


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