

Full title

View on outdoor vegetation reduces noise annoyance for dwellers near busy roads

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1 Introduction

2 Along major arterial roads and city ring roads, the noise levels to which dwellers are exposed can
3 be very high, leading to serious health risks (Fritschi, Brown, Kim, Schwela, & Kephelopoulos,
4 2011). As the basic function of such roads is providing sufficient traffic throughput, this leads to
5 inevitably high noise levels. In case of optimal urban environmental planning, dwellers should
6 not appear there. However, in many countries, mainly due to city expansion, such zones become
7 inhabited to an increasing extent.

8

9 The traditional measures to deal with road traffic noise problems, more precisely source level
10 reduction (quieter engines, tire optimization, low-noise pavements, ...) (Sandberg & Ejsmont,
11 2002), achieving noise reduction during propagation between source and receiver (Kotzen &
12 English, 2009; Van Renterghem, Forssen, Attenborough, Jean, Defrance, Hornikx, & Kang,
13 2015) (noise walls, earth mounds, exploiting ground-related effects, ...), and providing sufficient
14 acoustical façade insulation, all have their merits. But clearly, there are many issues with these
15 for the specific application along city ring roads: there is often a lack of available space for
16 propagation related measures or these might be visually intrusive, and the technological
17 improvement with relation to the noise emission of individual vehicles and road coverings is a
18 steady but slow process. In addition, low-noise pavements typically need maintenance, regular
19 replacement and only reduce rolling noise, making this often a less attractive solution. Even
20 façade insulation is only part of the solution: people open windows resulting in an almost
21 complete loss of insulation (Jean, 2009). This means that additional approaches are needed to

22 complement these traditional measures to improve the noise climate at such highly exposed
23 dwellings.

24

25 An approach that has been successfully applied is providing dwellers with a quiet side, either by
26 building and street design (e.g. ensuring connected building rows (Gidlöf-Gunnarsson, Öhrström,
27 & Forssén, 2012) and by traffic management (Salomons, Polinder, Lohman, Zhou, Borst, &
28 Miedema, 2009)). Essential in this respect is a pronounced front-back façade level difference
29 (END, 2002), compensating for the exposure at the loud side (Öhrstrom, Skanberg, Svensson, &
30 Gidlöf-Gunnarsson, 2006). Clearly, some limits have to be set regarding the maximum level at
31 the shielded façade as discussed by Öhrstrom et al. (2006). The presence of such a non-directly
32 exposed façade was shown to significantly reduce the self-reported noise annoyance and self-
33 reported sleep disturbance based on surveys in different European countries (Bodin, Björk, Ardö,
34 & Albin, 2015; de Kluizenaar, Salomons, & Janssen, 2011; Gidlöf-Gunnarsson et al., 2012;
35 Gidlöf-Gunnarsson & Öhrström, 2010; Öhrstrom et al., 2006; Van Renterghem & Botteldooren,
36 2012).

37

38 In general, the human perception of noise is strongly influenced by the visual scenery (see e.g.
39 Fastl, 2004). Also for the specific case when vegetation is involved, positive effects have been
40 reported. Viollon, Lavandier, & Drake (2002) showed that artificial sounds like road traffic noise
41 are perceived less stressful and less unpleasant when the visual setting was less urban or greener.
42 Attractiveness of courtyards, e.g. linked to the presence of vegetation, was found to be an
43 important modifier when studying the aforementioned quiet side effect (Bodin et al., 2015;

44 Gidlöf-Gunnarsson & Öhrström, 2007;). Li, Chau, & Tang (2010) held surveys indicating that
45 visible greenery is able to reduce noise annoyance for residents of high-rise buildings
46 overlooking urban parks and wetlands. Visible natural features were shown to be relevant
47 predictors of tranquility (Pheasant, Horoshenkov, Watts, & Barrett, 2008; Watts, Pheasant, &
48 Horoshenkov, 2011). In another study, it was reported that landscape plants provide excess noise
49 attenuation through the subjects' emotional processing based on analysis of
50 electroencephalograms (Yang, Bao, Zhu, Yang, 2011). Aylor & Marks (1976) and Aylor (1977)
51 concluded that as long as the source of sound can be seen, reduction in the visibility of the
52 source, amongst others by vegetation, is accompanied by a reduction in apparent loudness.
53 However, when vegetation fully visually screens the source there is a reversed effect namely an
54 increase in noisiness, the latter consistent with findings by Watts, Chinn, & Godfrey (1999).
55 Zhang, Shi, & Di (2003) reported that hedges that make passing vehicles invisible resulted in
56 significantly less noise annoyance, and that such improvements are even more pronounced at
57 higher noise levels. Vegetation on noise walls not only improved the overall environmental
58 quality, but also enhanced the perceived noise attenuation performance (Hong & Jeon, 2014).

59

60 In addition to the potential of improving the perceived noise environment, there is an extended
61 evidence base that a natural and green urban scenery is beneficial for general human health (De
62 Vries, Verheij, Groenewegen, & Spreeuwenberg, 2003; Kaplan & Kaplan, 1989; Thompson,
63 2011; Thompson, Roe, Aspinall, Mitchell, Clow, & Miller, 2012; Tzoulas, Korpela, Venn, Yli-
64 Pelkonen, Kaźmierczak, Niemela, & James, 2007; Ulrich, 1984; Velarde, Fry, & Tveit, 2007).

65

66 The main aim of this study is to see how the self-reported amount of visible vegetation through
67 the living room window influences the dweller's self-reported noise annoyance. Many studies
68 aiming at elucidating the audio-visual interactions are typically well controlled but rather
69 artificial in their setup by using projections on screens in laboratory conditions and/or by offering
70 (very) short acoustic stimuli (e.g. Hong & Jeon, 2013; Hong & Jeon, 2014; Joynt & Kang, 2010;
71 Preis, Kociński, Hafke-Dys, & Wrzosek, 2015; Viollon et al., 2002; Watts et al., 1999; Yang et
72 al., 2011). In such experiments, soundscape characteristics like noisiness, pleasantness,
73 stressfulness, comfort, harmony and others are then assessed. The focus in the current study is on
74 the residents' experiences in their ordinary living environments, ensuring ecological validity and
75 allowing to assess (long-term) self-reported noise annoyance. Noise annoyance is an important
76 noise policy indicator, and one of the health-endpoints of environmental noise as identified by
77 Fritschi et al. (2011). Furthermore, the focus is here on the effect of the mere presence of
78 vegetation in a zone highly exposed to road traffic noise and not necessarily vegetation as a
79 means of hiding the noise source or in relation to traditional noise walls (Aylor, 1977; Aylor &
80 Marks, 1976; Hong & Jeon, 2014; Joynt & Kang, 2010; Watts et al., 1999; Zhang et al., 2003).

81 **2 Methodology**

82 **2.1. Participant selection**

83 Participants were selected along different sections of a highly noise-exposed inner city ring road
84 in Ghent, Belgium, characterized by either an abundance of vegetation (street trees, parks
85 bordering the road, vegetation on the central reservation, etc.) or a lack of vegetation. Such
86 sufficiently contrasting parts of the ring road were selected in advance based on aerial
87 photographs.

88 Dwellings directly bordered the ring road and were part of closed-row building blocks with
89 enclosed backyards and should therefore have a similar and pronounced front-back level
90 difference. Corner houses were not selected. Given the high road traffic noise levels at the front
91 façade, it can reasonably be assumed that the ring road dominates the soundscape at the shielded
92 façade as well.

93 Participants were directly contacted, without prior announcement, by knocking on doors. The
94 survey was announced as general research on the living environment. The minimum age for
95 respondents was 18 years. Before starting the survey, the number of years living at the dwelling
96 was asked for and it was checked that the participants were living at least 1 year at their current
97 location. It was ensured by the interviewer that the dwelling had a living room window facing
98 the ring road. A single interviewer performed all 105 face-to-face questionnaires. The surveys
99 were taken during summer in a two week's period. Multiple participants were allowed per
100 dwelling, but interviewed separately. No informed consent was asked from the respondents.

101 **2.2. Noise exposure assessment**

102 **2.2.1. Most exposed façade level L_{den}**

103 The noise exposure at the most exposed façade was extracted from the road traffic noise map
104 approved by the Flemish regional government for the agglomeration of Ghent, which has been
105 reported to the European Commission in the framework of the Environmental Noise Directive
106 (END, 2002). Such strategic noise maps predict long-term yearly-averaged noise indicators. For
107 the current study, L_{day} (i.e. the equivalent sound pressure level during daytime, from 7.00 h until
108 19.00 h) and L_{den} (i.e. the equivalent sound pressure level over a 24-hour period, including
109 penalties for the evening and night period) were considered. The front-door position of the

110 dwelling was taken as a reference point, and the average of the noise levels within 7.5 m was
111 calculated since sound pressure levels could vary along longer façades.

112 Although often concerns are raised related to the accuracy of such strategic noise maps, levels
113 near busy roads, as those considered in the current study, are reasonably accurate since noise
114 levels are strongly source driven there. Only large deviations from the actual traffic intensity or
115 composition would lead to significant errors in the predictions. For less trafficked roads or at
116 shielded urban locations, predictions are typically much less accurate (Wei, Botteldooren, Van
117 Renterghem, Hornikx, Forssén, Salomons, & Ögren, 2014).

118 **2.2.2. Living room window insulation**

119 Façade/window insulation was measured at each dwelling after the survey was taken by
120 simultaneous short-term measurements at the front door (microphone membrane facing the road)
121 and in the living room (microphone membrane facing the window overlooking the street). Two
122 identical type-1 accredited sound level measurement chains were used, consisting of an ½”
123 electret free-field microphone (type MK250B, Microtech Gefell), a pre-amplifier (SV12,
124 Svantek) and a logging unit (SV959, Svantek). The microphone capsule used has a flat frequency
125 response over the full audible frequency range, with deviations less than 1 dB up to 15 kHz for
126 normal incident sound. Both measurement chains were placed on a tripod with the microphone
127 membrane at a height of about 1.5 m above the floor/ground. The sound level meters were
128 calibrated at the start of each day with a 94-dB type-1 acoustic calibrator (SV30A, Svantek),
129 producing a pure tone at a sound frequency of 1 kHz. A 90-mm diameter windscreen (UA0237,
130 Bruel & Kjaer) was used to limit wind-induced microphone noise. The loggers were manually

131 time-synchronized, and before further processing, the 1/3-octave band sound pressure levels
132 were aggregated to 5-s periods.

133

134 Based on the measurements near the front-door, car passages were selected and the difference
135 between the indoor and outdoor sound pressure levels at the corresponding moments were
136 calculated as an indicator for the façade/window insulation. As there is some inherent variation
137 in the insulation calculated in this way during various car passages at a single survey point, the
138 medians were used for further analysis. True façade insulation measurements (see e.g. ISO
139 10140-2, 2010) are too time-consuming to conduct at 105 dwellings. The proposed methodology
140 has nevertheless some advantages: the real road traffic noise sources and driving conditions at
141 the specific location are considered, the typical range of angles of incidence on the window are
142 included (that might alter the acoustic response), and such relative measurements allow
143 estimating the spectral insulation properties. The influence of the acoustic response of the living
144 room has not been assessed. The current level difference approach is therefore equivalent to the
145 standardized airborne sound insulation indicator D_nT , as described in ISO 140-4, with a
146 reverberation time T_0 (in the receiver room) of 0.5s.

147 **2.3. Survey description**

148 The survey started with a number of general questions concerning the quality of the living
149 environment, and possible annoyances caused by environmental stressors. The first question
150 looked at the general satisfaction regarding the quality of living in the neighborhood of the
151 dweller, with indication of some examples of parameters to be taken into account (“e.g. safety,
152 child-friendly, environment, ...”). A 5-point categorical scale was offered as detailed in Table 1.

153 Next, it was asked if the respondent would advise friends or relatives to come live in his or her
154 neighborhood when considering the quality of the living environment. Then, the ISO-
155 standardized question (ISO/TS 15666, 2003) was asked regarding annoyance by noise, odor,
156 light and street littering (see Table 1). Finally, it was asked to rate neighborhood safety.

157 In a second part, more detailed information about possible sources of noise annoyance was
158 looked for (see Table 1) and the same scale was used as for the general noise annoyance
159 question. In addition, noise sensitivity was assessed using a Dutch adaptation of the widely used
160 Weinstein's noise-sensitivity scale (Weinstein, 1978), used previously in large-scale Flemish
161 quality-of-life studies. This part contained 10 questions, and some questions were reversed to
162 keep the respondents attentive.

163 In a third part, it was asked to rate the view from the living room window towards the street on a
164 5-point categorical scale ranging from "extremely green" to "no green at all", followed by a
165 similar question concerning the presence of plants in the living room. A next question asked for
166 neighborhood greenery. A last question regarding vegetation assessed how important
167 neighborhood or street green is for the respondent.

168 Next it was announced that the façade insulation would be measured, and it was asked how often
169 the living room window, facing the road, was opened in general and during hot weather. In
170 addition, it was asked how many hours the dweller typically spends in his living room during
171 weekdays and weekends.

172 To finish, some personal questions were asked about gender, age, education and professional
173 activities. A picture was taken from the front-door position facing the street.

174 [TABLE 1]

175 **2.4. Statistical analysis**

176 Given the rather limited number of respondents in the dataset (N=105), classification to
177 dichotomous variables has been performed in order to have sufficient occurrences in the different
178 cells when using frequency tables. The Chi-square test has been applied to check dependency
179 between variables. Odds Ratios (OR) have been calculated, and logistic regression is used to
180 predict confidence intervals on these. Logistic regression with a dichotomous outcome (true or
181 false) has been used, based on continuous, dichotomous, or categorical independent variables. In
182 order to be statistically sound, 95% confidence intervals on the ORs should not contain 1. Effect
183 modifiers have been studied by multiple logistic regression. Statistical significance of model
184 deviance reduction when including an additional variable has been checked by likelihood ratio
185 testing (based on the Chi-square distribution).

186 **3. Results**

187 [TABLE 2]

188 **3.1. Respondents' characteristics**

189 An overview of the dwelling's and respondents' characteristics is shown in Table 2. In the
190 current dataset, 57 respondents (54 %) were female, 48 respondents (46 %) were male. 55
191 persons (52 %) were under the age of 50, 50 participants (48 %) were older. 62% of the dwellers
192 reported to have received higher education (after secondary school). The aforementioned noise
193 sensitivity test indicated mainly noise-insensitive persons; only 23 persons (22 %) gave, on
194 average, an answer larger than or equal to 3 on the 1-to-5 scale used to assess noise sensitivity.
195 Dwellers living between 1 and 5 years at their current location were most frequently met (40 %);
196 those living between 5 and 15 years, and more than 15 years, are of equal importance (30 %).

197 Most respondents were full time working (35 %) or retired (31 %), the percentage students
198 (13%) and those in the rest group (20 %) show that a good social mix is present in the dataset.
199 The 105 persons interviewed originated from 75 unique dwellings.

200 **3.2. Noise exposure characteristics**

201 **3.2.1. Front level L_{den}**

202 In Fig. 1, the distribution of the front façade L_{den} noise indicator at the survey points is shown.
203 92% and 40 % of respondents are exposed to L_{den} levels larger than or equal to 65 dBA and 75
204 dBA, respectively. L_{day} values taken from the noise map at the same points (and similar
205 processing as described in Section 2.2.1) gave a rather constant offset relative to the L_{den} values
206 of 1.6 dBA (with a standard deviation of 0.3 dBA); L_{den} yields the higher levels.

207 [FIGURE 1]

208 **3.2.2. Façade insulation**

209 [FIGURE 2]

210 In Fig. 2, the insulation spectra at all survey locations are depicted. Insulation properties of
211 windows may have a strong variety, depending whether single glazing, double glazing or triple
212 glazing is present. In addition, the thicknesses of the individual glazing panels and voids between
213 them play an important role (Quirt, 1982). Examples of a (standard) measurement of a single and
214 double glazing (Quirt, 1982) are added on top of the measured façade insulations. The measured
215 in-situ data gives somewhat lower insulations. In contrast to the standardized laboratory
216 measurements, the in-situ measurements are an energetic summation over all angles of incidence
217 during passing cars. The angle resulting in the lowest insulation will therefore dominate the

218 overall result. The frequency spectrum from the in-situ measurements follows the course of the
219 depicted laboratory data. However, at low and high sound frequencies there is an insufficient
220 signal-to-noise ratio and data in these frequency ranges has been disregarded; the spectra
221 depicted in Fig. 2 are therefore limited to the 1/3-octave bands with central frequencies between
222 50 Hz and 4000 Hz. For total A-weighted levels, there are no signal-to-noise ratio issues given
223 the strong contribution of road traffic sound energy in the aforementioned frequency interval.
224 The distribution of the total road traffic noise façade insulation is presented in Fig. 3.

225 [FIGURE 3]

226 **3.3. Noise annoyance**

227 **3.3.1. Quality of the living environment and noise annoyance**

228 Noise annoyance is strongly associated with self-reported satisfaction with the general living
229 quality of the neighborhood. People at least moderately annoyed (grouping the “moderately”,
230 “highly” and “extremely” annoyed respondents) by noise are less satisfied (less than “moderately
231 satisfied”) with the quality of the neighborhood (OR = 6.1, 95% CI = 2.1–17.7). Independence of
232 these variables can be strongly rejected (χ^2 (1) = 12.6, $p = 4E-4$). Dwellers annoyed by noise
233 would not advice friends or relatives to come live in their neighborhood or are in doubt; very
234 similar statistics as for the link noise annoyance-quality of the living environment are found.
235 Street littering has a slightly smaller impact on the self-reported neighborhood satisfaction (χ^2
236 (1) = 8.4, $p = 4E-3$; OR =4.0, 95% CI=1.5-10.8). However, street litter is a less strong argument
237 for the respondents to dissuade their relatives or friends to come live in their neighborhood,
238 although still marginally statistically significant (χ^2 (1) = 3.6, $p=0.06$). Odor annoyance has the
239 strongest negative impact on neighborhood satisfaction (χ^2 (1) = 11.5, $p=7E-4$), characterized by

240 an odds-ratio of 9.9 (95% CI = 2.1-46.1). Light pollution has no impact on neighborhood
241 satisfaction and independency of these factors cannot be rejected ($\chi^2(1) = 0.5, p=0.49$).

242
243 The self-reported neighborhood safety (“fully agree” or “agree” to live in a safe neighborhood
244 versus being “neutral”, “disagree” or “totally disagree”) is a strong predictor of the general
245 neighborhood appreciation ($\chi^2(1) = 13.5, p=2E-4$) and has a strong dissuading effect towards
246 friends and relatives to come live there (OR=7.5, 95 % CI=2.0-28.1). There is a tendency
247 towards more noise annoyance when respondents feel unsafe, but the latter is not statistically
248 significant. The links between odor annoyance and safety, and street littering and safety, are
249 statistically significant at the 5 % level. However, some care is needed when analyzing links with
250 neighborhood safety as only 10% of the respondents declares to be neutral or disagree with
251 living in a safe neighborhood; some combinations have less than 5 occurrences in the
252 corresponding frequency tables.

253 **3.3.2. Noise annoyance sources**

254 [TABLE 3]

255 There is a strong link between (general) environmental noise annoyance, and noise annoyance by
256 road traffic noise. Both are strongly linked ($\chi^2(1) = 23.1, p=2E-6$). The general noise annoyance
257 question reveals that 53 % of the respondents are not annoyed, 47 % are at least slightly
258 annoyed, 19 % are at least moderately annoyed, and 8% are at least highly annoyed (see Table
259 3). The specific question on road traffic noise yields 47 % not-annoyed respondents, 53 % at
260 least slightly annoyed, 30 % at least moderately annoyed, and 8 % at least highly annoyed

261 answers. A linear (Pearson's) correlation coefficient $R=0.66$ between general and road traffic
262 noise annoyance is obtained ($p<1E-6$). Clearly, this is not unexpected as survey locations with a
263 high road traffic façade load were deliberately looked for.

264

265 Other types of traffic noise annoyance sources (aircrafts, railway traffic and ships) were fully
266 absent (100% of the respondents were not annoyed by these). All other potential noise
267 annoyance sources like neighborhood noise and recreational noise ended up for 95% in the “not
268 annoyed” or “slightly annoyed” class. There is only one exception namely construction noise
269 (see Table 3); 11% of the respondents call themselves at least moderately annoyed by this type of
270 sound. However, construction noise annoyance could not be convincingly linked to general noise
271 annoyance ($\chi^2(1) = 1.8, p=0.18$) in the studied area. Consequently, the linear (Pearson's)
272 correlation coefficient is limited ($R=0.26, p=0.01$).

273 **3.3.3. Noise annoyance and front façade L_{den}**

274 Logistic regression between continuous L_{day} or L_{den} and the binary-coded self-reported noise
275 annoyance (at least moderately annoyed versus “slightly” and “not” annoyed) gives p-values of
276 0.24 and 0.25, respectively. This indicates that the most exposed façade road traffic noise level
277 indicators have no predicting power for annoyance in this study. The most probable reason is that
278 almost all levels at the survey points can be considered as high; 63 % of the L_{day} levels and 71%
279 of the L_{den} levels exceed 70 dBA. Therefore, the range of levels in this study is too narrow to
280 derive standard dose-response relationships between façade level and noise annoyance. Note,
281 however, that the survey points were deliberately selected for high noise levels in a range as
282 narrow as possible to rule out this effect; the main interest in this study is analyzing self-reported

283 view on vegetation on the self-reported noise annoyance with a limited number of interviewed
284 respondents.

285

286 Using either L_{den} or L_{day} as noise indicator yields very similar results given the aforementioned
287 rather constant offset. One could expect that L_{den} would be a more appropriate choice when
288 analyzing general noise annoyance, while L_{day} would be the suitable parameter for looking at the
289 visual aspect of perception since less relevant at night. L_{den} has been used in the remainder of this
290 article and this choice does not influence the findings and hardly changes the reported odds-
291 ratios and p-values.

292

293 In the L_{den} -level range below 65 dBA, more respondents report a high degree of vegetation as
294 seen from the living room window (see Table 2). However, only 8 respondents fall in this level
295 category. Between 65 and 75 dBA, the number of respondents in the “green” and “no green”
296 class is nearly the same. At the highest level class, above 75 dBA, more persons indicate to be
297 looking at vegetation. A linear regression between (continuous) L_{den} and vegetation view (using
298 the original 5-point scale) shows that with increasing level the self-reported view moves to more
299 vegetation, but the Pearson’s correlation coefficient is rather limited ($R=0.14$) and the model is
300 not statistically significant at the 5% significance level ($p=0.26$). A positive association between
301 a vegetation view and low levels, that could bias conclusions drawn from this survey, is clearly
302 not present.

303 **3.3.4. Noise annoyance and living room window insulation**

304 Façade insulation was shown be an irrelevant predictor for noise annoyance in this study.
305 Logistic regression between insulation (continuous variable, total A-weighted insulation for road
306 traffic present near the dwelling) and the dichotomous noise annoyance indicator (at least
307 moderately annoyed versus “slightly” and “not” annoyed) yields a p-value of 0.37. Using a sub-
308 selection of persons that at maximum sometimes open their living room window (N=55), this p-
309 value further increases to 0.80, indicating that a possible association between insulation and
310 annoyance would be (nearly) purely random. Only considering the low-frequency insulation
311 performance at the dwellings, here (arbitrary) defined from 50 Hz to 200 Hz, yields a similar p-
312 value of 0.78. It was further confirmed that the obtained insulation parameter does not depend on
313 the front-level L_{den} ; correlation between these two is nearly absent ($R=-0.01$, $p=0.94$). This gives
314 confidence in the measurement technique and signal processing.

315

316 The experimentally obtained insulation parameter and the dichotomous self-reported view on
317 vegetation are negatively associated (logistic regression p-value of 0.02); there is a slightly
318 higher insulation appearing in dwellings without view on vegetation (OR= 1.1, 95% CI= 1.0-
319 1.3). A positive association between vegetation view and high façade insulation, which could
320 bias conclusions drawn from this survey, is clearly not present.

321 **3.3.5. Noise annoyance and personal characteristics**

322 Diploma (dichotomously coded in “higher education” versus “at maximum secondary school
323 finished”), noise sensitivity (dichotomously coded, linearly averaged noise sensitivity responses
324 smaller than or equal to 3 versus larger than 3) and gender show no statistically significant
325 dependence with the dichotomous self-reported noise annoyance. Although typically some

326 associations between personal characteristics and noise annoyance are found in large scale
327 surveys (see e.g. Van Gerven, Vos, Van Boxtel, Janssen, & Miedema, 2009), the limited number
328 of respondents in the current study is not suited for such analysis. In addition, the current survey
329 was not designed to reveal such personal links with noise annoyance. For a discussion of the
330 effect of age and years living at the dwelling, the reader is referred to section 3.3.6.

331 **3.3.6. Noise annoyance and view on vegetation**

332 The chance of being at least moderately annoyed by noise in presence of an at least moderate
333 view on vegetation through the living room window in the current dataset is only 8%, while this
334 chance increases to 34% when there is at maximum some vegetation visible through the window.
335 Although the front façade exposure, following the noise map that was used, is high at all survey
336 locations, view on vegetation could strongly reduce self-reported annoyance to an acceptable
337 level. It has to be stressed that all dwellings were selected to have a pronounced quiet side, a
338 factor of importance as found in other studies (see Introduction), and also in the same region
339 (Van Renterghem & Botteldooren, 2012). But even under these conditions, the view on
340 vegetation could further reduce environmental noise annoyance significantly. The spatial
341 distribution of noise annoyance (dichotomously coded) and view on vegetation (5-point
342 categorical scale) is illustrated with the maps in Figs. 4 and 5.

343 [FIGURE 4]

344 [FIGURE 5]

345 Logistic regression shows that view on vegetation from the living room window is an important
346 predictor of the self-reported noise annoyance in this highly exposed noise environment. The
347 crude OR equals 5.8 (95% CI=1.9-17.5), meaning that dwellers that have at least a moderately

348 green view are more than 5 times less (at least moderately) annoyed by noise than those that
349 report to see at maximum some vegetation through their living room window. Their dependency
350 is strong ($\chi^2(1) = 11.1, p=9E-4$). Logistic regression statistics are summarized in Table 4.

351

352 In the current dataset, older persons (age above 50) have a higher chance of a pronounced view
353 on vegetation. More precisely, 38 older persons see a lot of vegetation versus 12 older persons
354 seeing none. As a result, age and vegetation view are strongly linked. Directly related to this, the
355 number of years living at the dwelling is logically influenced by the age of the participant ($\chi^2(1)$
356 $= 37.7, p=8E-10$), and therefore also to having a vegetation view. Although the effects of age and
357 years of living at the current location, and vegetation view, cannot be disentangled based on the
358 current dataset, the strong effect described in the previous paragraph cannot be assigned to the
359 age effect and years living at the location. In a similar study (also consisting of face-to-face
360 interviews in the city of Ghent, see Van Renterghem & Botteldooren, 2012), the dependency of
361 the respondent's age or years living at the dwelling, and self-reported noise annoyance, was
362 rejected ($\chi^2(1) = 4.24, p=0.38$ and $\chi^2(1) = 2.88, p=0.58$, respectively). Vegetation as seen
363 through the window was not asked for in that study. In general, based on larger scale surveys,
364 there is some tendency for somewhat less annoyance with increasing age (van Gerven et al.,
365 2009) and the longer a person lives at a specific location, but the strong effect observed here
366 cannot be brought down to age effect alone.

367

368 Splitting up in younger (below 50) and older (above 50) respondents does not allow to draw
369 statistically sound conclusions due to categories with too few occurrences, enhancing

370 uncertainty. In the older class, the major portion of the respondents (76%) appears in the
371 “vegetation view-no noise annoyance” class, while the “vegetation view-noise annoyance”
372 category becomes empty. Therefore, it is not possible to draw statistics or calculate odds-ratios,
373 although the latter could suggest a very strong positive effect of view on vegetation. In the
374 younger category (55 respondents in total), all classes have sufficient occurrences, leading to an
375 odds-ratio of 1.9 ($= (11/5)/(21/18)$). However, the 95% confidence interval extends below 1 ([0.6-
376 6.5]) so this finding is not statistically significant at the 5 % significance level. When splitting up
377 the dataset in persons living during a long time (more than 7.5 years) and shorter time (less than
378 7.5 years) at the current dwelling, very similar findings and conclusions can be drawn. This cut-
379 off duration of 7.5 years corresponds more or less to ages below or above 50 years.

380

381 Previous research suggested that indoor plants could help to reduce noise annoyance in an office
382 environment (Mediastika & Binarti, 2013). In the current study, the self-reported amount of
383 indoor plants has a tendency to be positive for noise annoyance reduction, although not
384 statistically significant ($\chi^2 (1) = 1.3$, $p=0.26$; $OR=2.0$, $95\% CI = 0.6-6.4$). The latter is neither a
385 confounder when looking at the link between outside vegetation and noise annoyance.

386

387 Logically, living in a green neighborhood and vision on outside vegetation from the living room
388 is strongly dependent ($\chi^2 (1) = 25.1$, $p=5E-7$). However, merely living in a green neighborhood
389 shows only a slight tendency to reduce noise annoyance, far from being statistically significant
390 ($\chi^2 (1) = 0.3$, $p=0.6$). Vision on outside vegetation from the dwelling seems essential to benefit
391 from this effect.

392

393 Independent confounders on the link between self-reported view on vegetation and noise
394 annoyance could not be found among the questioned parameters. Including the time a dweller
395 usually spends in the living room does not lead to a statistically significant reduction in model
396 deviation either.

397

398 In Fig. 6, the data and model results are presented employing the original 5-point categorical
399 self-reported degree of vegetation as seen from the window as independent variable, and the
400 dichotomous noise annoyance as dependent variable. Note that for category 3 (“moderately
401 green”), no occurrences of at least moderate noise annoyance were found in the current dataset.

402

403 More than 90% of the respondents “totally agree” or “agree” with the statement that “street
404 vegetation is important”. Further statistical analysis relating to fulfilling or not fulfilling the
405 preference for street green, and the impact on noise annoyance, could not be made due to the
406 near absence of persons disagreeing with or being neutral to previous statement. Self-reported
407 neighborhood safety and vegetation view from the window are not at all linked ($\chi^2(1) = 0.06$,
408 $p=0.8$).

409 [FIGURE 6]

410 [TABLE 4]

411 **3.3.6. Objective versus subjective view on vegetation**

412 In this section, the self-reported view on vegetation through the living room window is opposed
413 to the percentage greenish pixels in digital photographs taken at each dwelling from the front-
414 door position towards the street. For fear of burglary, taking pictures of windows facing the
415 street was not allowed by almost all respondents. As a proxy, the front-door position was
416 therefore considered.

417 Photographs were taken with a Panasonic dmc-fz18 with the camera held horizontally at eye
418 height (about 1.7 m above street level). Each digital picture consisted of 3264 x 2448 pixels and
419 was saved in .jpeg format. The “RGB greenness” parameter G_{RGB} (Ahmad, Muhamin Naeem,
420 Islam, & Nawaz, 2007; Crimmins & Crimmins, 2008; Richardson, Jenkins, Braswell, Hollinger,
421 Ollinger, & Smith, 2007) is used and calculated as $G_{RGB}=(G-R)+(G-B)$, where G, R and B are
422 the relative intensities of the green, red and blue channels in the RGB picture, respectively. In a
423 next step, an appropriate threshold was set. The .jpeg picture format was found to be well suited
424 for such an image processing analysis (Lebourgeois, Bégué, Labbé, Mallavan, Prévot, & Roux,
425 2008). A more robust assessment of green vegetation is the (broadband) normalized difference
426 vegetation index (NDVI), however, requiring a measurement of near infrared light. RGB
427 greenness was shown to perform quite similar to NDVI in capturing the amount of vegetation as
428 concluded by Richardson et al. (2007).

429 Note that all green is included when calculating G_{RGB} ; so not only leaves from trees and bushes
430 but also grass zones. Non-green vegetation is missed in this assessment. However, in the zone
431 under study, during high summer, vegetation is predominantly green colored. Accidental non-
432 vegetation green-colored objects were manually removed, typically accounting for only small
433 zones in the photographs taken. Such a manual action was needed in less than 15 % of the
434 pictures. In Fig. 7, examples are shown for a low, a moderate and a high vegetation percentage.

435 [FIGURE 7]

436 [FIGURE 8]

437 The linear regression in Fig. 8 proves to be a statistically sound model to link the percentage
438 greenish pixels in photographs and subjective view on vegetation; the categorical 5-point scale is
439 used as a continuous variable here (in approximation). A correlation coefficient of 0.79 was
440 obtained, with a p-value of less than 0.001. The dwellers are capable of correctly evaluating
441 vegetation view from their living room window. In the zone under study, there is a high variation
442 in the degree of vegetation at road segments within short distance that could help respondents in
443 getting such a classification reasonably accurate.

444 However, the rating of vegetation view stays a subjective measure, as shown by the relative
445 broad range of objective assessments corresponding to a single subjective class. To some extent,
446 there could also be differences between the living room window view and the front-door
447 position, especially in case of living rooms at higher storeys.

448 **4. Discussion**

449 The current survey was held in an area highly-exposed to road traffic noise, and a strong self-
450 reported noise annoyance reduction by the self-reported presence of visible outdoor vegetation
451 has been observed. This finding confirms previous work showing that view on gardens and parks
452 moderate noise annoyance ratings by individuals at their homes (Li et al., 2010). In that study,
453 predicted levels were mostly in the 65 dBA noise level class. Current results are also consistent
454 with those reported by Zhang et al. (2003), where vegetation was shown to have a pronounced
455 positive perception effect mainly at high (70 dBA) and not at low road traffic noise levels (55
456 dBA). Somewhat related, Hong & Jeon (2014) concluded that at 65 dBA aesthetic preference of

457 noise barriers is more important than at 55 dBA. In their study, the aesthetics of a barrier could
458 be linked to the presence of vegetation.

459 Somewhat contrasting, Hong, & Jeon (2013) indicate that the overall environmental quality
460 could benefit from an improved visual environment mainly at lower levels around 55 dBA, while
461 at 70 dBA the acoustic environment would be dominant. Following Viollon (2003), high road
462 traffic noise levels could be incongruent with view on vegetation, potentially degrading the
463 soundscape quality. Such mechanisms did not seem to apply to the current study.

464 Combining the effect of view on vegetation in combination with a wide range of front façade
465 noise levels could be interesting. This would allow to calculate the equivalent level reductions
466 associated with view on vegetation (shift of dose-effect curves) to be applied more easily in e.g.
467 noise action plan maps. However, the question remains what would be the effect at the low end
468 of the noise level range.

469 In the current study, all dwellings were deliberately selected based on similar building geometry
470 to approach a constant front-back noise level difference to rule out this effect given the limited
471 number of interviews taken. No specific measurements or assessments were made regarding
472 front-back noise levels differences or quiet-side soundscapes. Previous research suggests a link
473 between a noise-shielded side and its visual attractiveness, and in extension, its vegetation
474 content; a nice visual setting at the shielded façade was shown before to strengthen the quiet side
475 perception effect (Gidlöf-Gunnarsson & Öhrström, 2010; Bodin et al., 2015). A relevant
476 question, therefore, is how the quiet side effect and the green visual effect at the loud side would
477 interact.

478 Visibility of the source was shown before to be important for perceived loudness (Aylor &
479 Marks, 1976); vegetation has the potential to visually screen road traffic. At the selected
480 dwellings, at least the nearby traffic lanes were in all cases visible. Traffic lanes carrying
481 vehicles driving in opposite direction might have been visually screened by vegetation on e.g. the
482 central reservation of the ring road.

483 In addition, the presence of vegetation might add natural sounds to the urban soundscape like e.g.
484 rustling of leaves or animal sounds, potentially leading to masking of traffic noise. Especially bird
485 sounds, coming along with the presence of and view on vegetation (Hao, Kang, & Krijnders,
486 2015), could have a positive effect (Hong & Jeon, 2013; Oldoni, De Coensel, Boes, Rademaker,
487 De Baets, Van Renterghem, & Botteldooren, 2013; Ratcliffe, Gatersleben, & Sowden, 2013).
488 This type of sound is ranked at the top of desired natural sounds by citizens (Yang & Kang,
489 2005) and sound frequency adaption by birds has been observed (Cardoso & Atwell, 2011;
490 Halfwerk & Slabbekoorn, 2009) increasing its impact in a noisy environment. Specific data on
491 these topics was not gathered in the current study.

492 Another point of interest would be assessing the link between the dweller's preference regarding
493 living in a green neighborhood and their actual situation. Almost all respondents wish to live in a
494 green neighborhood while 42% indicate to see at maximum some vegetation. It could be
495 expected that less interest in a green neighborhood could reduce the large effect seen in the
496 current study. In this respect, preconceptions regarding the noise reducing effect of vegetation
497 could be relevant. It was reported in Yang et al. (2011) that 90% of their subjects believed that
498 landscape plants contribute to noise reduction and that 55% overrated the plants' actual ability to
499 attenuate noise. In relation to noise walls (in combination with vegetation), preconceptions can

500 be rather strong (Joynt and Kang, 2010) and vegetation was found to enhance the expected noise
501 reduction (Hong & Jeon, 2014).

502 The current statistical analysis is based on the self-reported degree of outdoor visual vegetation
503 through the living room window. The latter could be successfully linked to the RGB greenness
504 parameter as calculated from front-door photographs towards the street. It could be of use for
505 urban planners to further refine such an objective measure e.g. by using the actual surface (in m²)
506 or the fraction (in percentage) of visible vegetation in the face of the window.

507 **5. Conclusions**

508 Face-to-face interviews were taken at 105 respondents, all highly exposed to dominant road
509 traffic noise. All dwellings were deliberately selected to have a pronounced front-back level
510 difference. The (self-reported) degree of vegetation as seen through the living room window was
511 shown to be a strong and statistically significant predictor of the self-reported noise annoyance.
512 The complete absence of view on vegetation resulted in a 34 % chance of being at least
513 moderately annoyed by noise, while this chance reduced to 8 % for respondents answering to
514 have an extremely green visual, notwithstanding median L_{den} levels of 73 dBA at the street-
515 facing side of the dwelling. Real vision on outdoor vegetation was shown to be essential - living
516 room (indoor) plants and the mere presence of vegetation in the neighborhood was shown to be
517 insufficient. The self-reported degree of vegetation as seen through the living room window
518 could be linked to the objective fraction of green pixels in photographs using the RGB greenness
519 parameter.

520

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TABLE CAPTIONS

Table 1. Overview of the categorical answering scales used for the questions in the survey.

Table 2. Overview of the dwelling and respondent characteristics/answers grouped by self-reported vegetation view; “green view” means an at least moderate degree of vegetation as seen from the living room window towards the street, while “no green visual” groups the “some green“ and “no green at all” answers. The number of respondents is given in each category (N=105).

Table 3. Noise annoyance sources for which at least 5 % of the respondents report to be at least moderately annoyed.

Table 4. Overview of logistic regression model statistics to predict at least moderately annoyed persons (dichotomous outcome; 1=annoyed, 0=not annoyed) based on the self-reported view on vegetation from the living room window. The logistic regression coefficients (beta), the standard errors (SE) on these variables, and the probabilities that model coefficients are equal to zero (p) are given together with their t-distribution values (t -value), odds-ratios (OR) and their 95% confidence intervals (95% CI on OR).

Table 1. Overview of the categorical answering scales used for the questions in the survey.

Question	Subcategory	Categorical answering scale
“To what extent are you satisfied or not satisfied with the quality of living (e.g. safety, child-friendly, environment, ...) in your neighborhood?”		“very satisfied”, “satisfied”, “moderately satisfied”, “not satisfied”, or “not at all satisfied”
“Would you advise friends or relatives to come live in your neighborhood when considering the quality of the living environment?”		“yes”, “undecided”, or “no”
“If you consider the past 12 months, to what degree were you annoyed or not annoyed by ... ?”	<ul style="list-style-type: none"> • noise • odor • light • street littering 	“not at all annoyed”, “slightly annoyed”, “moderately annoyed”, “strongly annoyed”, or “extremely annoyed”
“To what extent do you agree or disagree with the following statement:”	“I am living in a safe neighborhood”	“totally agree”, “agree”, “neutral”, “disagree” or “totally disagree”
“If you consider the past 12 months, to what degree were you annoyed or not annoyed by the following sounds ... ?”	<ul style="list-style-type: none"> • Traffic: “road”, “railway”, “air”, “water” • Industry and small/medium enterprises: “delivery of goods by trucks”, “construction noise”, “industrial plants”, “trade and services” • Leisure activities and tourism: “music from pubs, bars, and restaurants”, “music in cars”, “outdoor concerts”, “sports activities” • Neighbors: “children playing”, “animals”, “do-it-yourself home improvement”, “loud music/television”, “gardening”, “heating, ventilation and air conditioning units” 	“not at all annoyed”, “slightly annoyed”, “moderately annoyed”, “strongly annoyed”, or “extremely annoyed”
<i>Noise sensitivity questions:</i> “To what extent do you agree or disagree with the following statements:”	e.g. “I find it difficult to relax in a noisy place.”	“totally agree”, “agree”, “neutral”, “disagree” or “totally disagree”
“How would you describe the view from your living room window towards the street ?”		”extremely green”, “very green”, “moderately green”, ”some green” or “no green at all”
“How would you rate the amount of vegetation in your living room?”		”extremely green”, “very green”, “moderately green”, ”some green” or “no green at all”
“To what extent do you agree or disagree with the following statements:”	<ul style="list-style-type: none"> • “I am living in a green neighborhood.” • “Vegetation (trees, bushes, stretches of grass, ...) in my street/neighborhood is important.” 	“totally agree”, “agree”, “neutral”, “disagree” or “totally disagree”
“How often do you open your living room window facing the street ... ?”	<ul style="list-style-type: none"> • in general • during hot weather 	“never”, ”rarely”, ”sometimes”, ”most of the time” or ”always”

Table 2. Overview of the dwelling and respondent characteristics/answers grouped by self-reported vegetation view; “green view” means an at least moderate degree of vegetation as seen from the living room window towards the street, while “no green visual” groups the “some green“ and “no green at all” answers. The number of respondents is given in each category (N=105).

		green visual	no green visual
Exposure			
front façade level L_{den}	$L_{den} < 65$ dBA	7	1
	$65 \text{ dBA} \leq L_{den} < 75$ dBA	27	28
	$L_{den} \geq 75$ dBA	27	15
road traffic noise façade insulation ΔLp	$\Delta Lp < 20$	4	2
	$20 \leq \Delta Lp < 30$	37	22
	$\Delta Lp \geq 30$	20	20
Neighborhood			
general neighborhood satisfaction	at least moderately satisfied	51	32
	“not” and “not at all” satisfied	10	12
recommend neighborhood to friends/relatives	“yes”	56	30
	“no” or “undecided”	5	14
importance of neighborhood/street green	“very important” and “important”	61	36
	“neutral” or less	0	8
safe neighborhood	“totally agree” or “agree”	55	39
	“neutral” or less	6	5
Annoyance			
general noise annoyance	“not at all” and “slightly” annoyed	56	29
	at least moderately annoyed	5	15
road traffic noise annoyance	“not at all” and “slightly” annoyed	49	24
	at least moderately annoyed	12	20
odor annoyance	“not at all” and “slightly” annoyed	57	40
	at least moderately annoyed	4	4
light pollution	“not at all” and “slightly” annoyed	61	41
	at least moderately annoyed	0	3
street litter	“not at all” and “slightly” annoyed	48	26
	at least moderately annoyed	13	18
Living room			
time spent in living room facing the road	Less than or equal to 20% of the day (=4.8 hours) on average (over both weekdays and weekends)	16	22
	more than 20%	45	22
living room indoor green	at least moderately green	24	8
	“no green” or “some green	37	36
Personal characteristics			
gender	male	29	19
	female	32	25
respondent’s age	below 50	23	32
	above 50	38	12
higher education (after secondary school)	no	24	16
	yes	37	28
noise sensitivity	not sensitive (<3.0)	49	33
	sensitive (≥ 3.0)	12	11
employment	full-time	17	20
	student	6	8
	retired	27	6
	part-time, unemployed and housewife/man	11	10
years living at location	less than 5 years	20	22
	between 5 and 15 years	16	15
	more than 15 years	25	7

Table 3. Noise annoyance sources for which at least 5 % of the respondents report to be at least moderately annoyed.

	not annoyed	slightly annoyed	moderately annoyed	highly annoyed	extremely annoyed
Environmental noise in general	56	29	12	7	1
Road traffic noise	49	24	24	8	0
Construction noise	73	20	5	7	0

Table 4. Overview of logistic regression model statistics to predict the at least moderately annoyed persons (dichotomous outcome; 1=annoyed, 0=not annoyed) based on the self-reported view on vegetation from the living room window. The logistic regression coefficients (beta), the standard errors (SE) on these variables, and the probabilities that model coefficients are equal to zero (p) are given together with their t-distribution values (t -value), odds-ratios (OR) and their 95% confidence intervals (95% CI on OR).

	beta	SE	t-value	p	OR	95% CI on OR
cst	-0.6592	0.3180	-2.0728	0.04		
self-reported view on vegetation from the living room window (1=at least moderately green, 0=at maximum some green)	-1.7567	0.5648	-3.1102	0.002	1/5.79	[1/17.53, 1/1.91]

FIGURE CAPTIONS

Figure 1. Histogram of the L_{den} level as taken from the city noise map near the respondents' dwellings.

Figure 2. Overview of the measured insulation spectra of the façades/windows at all survey locations (thin lines), including an example of a standard insulation measurement of (single) 3-mm glazing and a double 3-mm glazing (without void space) (Quirt, 1982).

Figure 3. Histogram over all survey locations of the difference between the A-weighted front-door sound pressure level (outdoors) and the indoor level (near the closed window facing the street) as a measure for the acoustical façade insulation.

Figure 4. L_{den} noise map (in dBA) near the survey points, showing the buildings within 250 m of each survey point. The circles, representing the positions where the surveys were taken, are filled with red (indicating an "at least moderately annoyed" inhabitant) or green ("not at all annoyed" or "slightly annoyed").

Figure 5. L_{den} noise map (in dBA) near the survey points, showing the buildings within 250 m of each survey point. The color scale of the circles, representing the positions where the surveys were taken, range from white ("no self-reported view on vegetation from the living room window") to green ("extremely vegetation view") in 5 steps.

Figure 6. The chance of being at least moderately annoyed (self-reported) by environmental noise versus the self-reported view on vegetation from the living room window (on a 5-point categorical scale with 1="extremely green", 2="very green", 3="moderately green", 4="some green", 5="no green at all"). The open circles are the data from the survey, the squares connected with full lines are the predicted results (logistic regression); the dashed lines indicate the 95% confidence intervals on the predictions.

Figure 7. Example photographs, taken from the front door of the respondent's dwelling, facing the street. Road segments having a low, a moderate and a high green percentage are shown. On the left, the original photographs are depicted. On the right, the corresponding photographs are shown, with only the pixels that were identified as green retained.

Figure 8. Scatter plots and best fitted line between the percentage greenish pixels in the front-door photograph and the self-reported view on vegetation by the dwellers as seen through the living room window (on a 5-point categorical scale with 1="extremely green", 2="very green", 3="moderately green", 4="some green", 5="no green at all"). The dots indicate the data points, the full line is the regression line and the dashed lines indicate the upper and lower 95 % confidence intervals on the regression line.